

# O

THE OPRAH  
MAGAZINE

## Be Excellent!

How to lift your life  
to the next level.  
It's so-o-o-o much  
easier than you think

Brilliant  
fits from  
10 to wow!

LOMB FOR RENT  
The stork brought trouble...  
force, bankruptcy &  
the mother of all lawsuits



Oprah visits  
**Julia Roberts**  
at her ranch—  
bring on the  
margaritas!

**NEWS FLASH:**  
You don't  
have to gain  
**5 (or 10) lbs.**  
this season

**Mom  
overboard!**  
**DR. PHIL**  
to the  
rescue

**TOO GOOD  
FOR YOUR  
OWN GOOD?**  
Permission to  
hang up your halo,  
page 81

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## On the Cover

Excellence!	208
Brilliant Gifts	107
Womb for Rent	181
Oprah Talks to Julia Roberts	192
A Feast Without the Fat	202
A Reason to Love Your Thighs	149
Too Good for Your Own Good?	81

## Columns

Here We Go	35
Do you speak the language of excellence? asks Oprah.	
Dr. Phil	42
A competitive husband, an overwhelmed mother, feuding grown-ups and their kid.	
Suze Orman	46
Living well on one income, getting back in the job market, and more.	
Martha Beck: The Halo Effect	81
Permission to quit being an angel.	
Getting Organized	87
JULIE MORGENSTERN trims your to-do list.	
What I Know for Sure	260
How Jesse Jackson changed Oprah's life.	

**Live Your Best Life** ..... 55-64  
MICHELANGELO's modest take on excellence,  
a little preaching from the choir, and more.

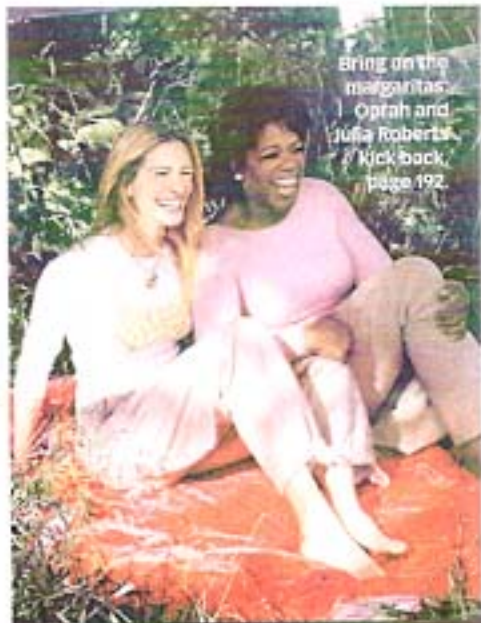
## Relationships

Don't-Miss TV	69
Glenn Close, Marisa Tomei, Rosie Perez, and Eve Ensler will change how you think about women behind bars. JOAN GELMAN reports.	
Pet Projects	89
The Animal Planet network's unleashed heroine is the cat's meow. BY JO ANN BEARD	
Caregiving: A Love Story	101
ANN PATCHETT learns family values.	
One Pregnancy, Four Mothers, Two Fathers, and an Army of Lawyers	181
Look what the stork brought! JANE MEREDITH ADAMS on a court womb drama.	

## Books

Reading Room	161
New gift books to amuse and transport you.	
Books That Made a Difference	168
JENNIFER CONNELLY's list is political, classical, and downright Seuss-ical.	

Proceeds from these  
handmade key chains go  
to educate girls in Africa  
(\$15, bead4foreducation  
.org). More gift ideas in  
"The O List," page 107.



Bring on the  
margaritas.  
Oprah and  
Julia Roberts  
kick back,  
page 192.



All the  
trimmings,  
page 135.



These boots are  
made for lounging,  
page 228.

By Heart ..... 173  
How a few good poems see YONA ZELDIS  
McDONOUGH through every occasion.

## Health

Body Wise	149
Another reason to love your thighs, what the experts do to keep healthy, and more.	
The Luminari Challenge, Part 12: Care Packages	154
Spirit-lifting, stress-busting gift ideas from our wellness team. BY LESLEY DORMEN	
The Way to Eat	158
DAVID L. KATZ, MD, cuts through the hype, the fads, the nutri-nonsense.	

## Style/Fashion

The O List	107
A few holiday gifts Oprah thinks are great.	
Let Me Entertain You	119
When getting dressed for your own party, think comfort and joy.	
Silver Streak	126
Put your gold on hold. It's time to test your metal with something cooler.	
Comfort Zone: Take a Bough	135
Christmas ornaments that evoke the glamour of holidays past.	

## Beauty

Girls' Toys: O, Come All Ye Fragrant	131
Be a spice girl with scents of the season.	
Ask Val	132
VALERIE MONROE sifts through your powder questions.	

## Food

Flash in the Pan: Rice to the Occasion!	145
Risotto that's worth going stir-crazy over.	

## Love That!

Fashion, Beauty, Food, Home	237
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## In Every Issue

Contributors	16
Letters	24
Calendar	37
Something to Think About	77
O to Go	97
Breathing Space	226
Shop Guide	253

COVER CREDITS: Oprah photographed by Sam Jones.  
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Makeup: Reggie Wells. Cashmere and pecan tea,  
Donna Karan New York. Wool pants, Escada. Diamond  
earrings, Harry Winston. For details see Shop Guide.